



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Weetbix & Toast	Weetbix & Toast	Weetbix & Toast	Weetbix & Toast	Weetbix & Toast
<b>MORNING TEA</b>	Seasonal Fresh Fruit with Milk	Seasonal Fresh Fruit with Milk	Blueberry Pikelets with Milk	Seasonal Fresh Fruit with Milk	Seasonal Fresh Fruit with Milk
<b>INGREDIENTS</b>			Blueberries, Flour, Milk, Eggs, Sugar, Cream		
<b>LUNCH</b>	Pork Nasi Goreng	Beef Barley Soup with Wholemeal Bread	Apricot Chicken with Rice	Salmon Dill Quiche	Beef and Pork Rissoles with Rice Pilaf
<b>INGREDIENTS</b>	Pork, Vegetables, Eggs, Rice	Beef, Vegetables, Barley, Stock, Bread, Margarine	Chicken, Apricots, Vegetables, Rice	Salmon, Eggs, Vegetables, Cream, Cheese	Beef, Pork, Vegetables, Eggs, Breadcrumbs, Rice
<b>AFTER LUNCH</b>	Cut Apples to clean teeth	Cut Apples to clean teeth	Cut Apples to clean teeth	Cut Apples to clean teeth	Cut Apples to clean teeth
<b>AFTERNOON TEA</b>	Carrot Cake with Milk	Apple Cinnamon Muffins with Milk	Seasonal Fresh Fruit with Milk	Cheese and Crackers with Milk	Custard and Fruit with Milk
<b>INGREDIENTS</b>	Carrots, Flour, Milk, Eggs, Oil, Sugar, Golden Syrup	Apples, Flour, Milk, Eggs, Oil, Sugar		With Dried Fruit and Dip	Custard, fruit Salad
<b>LATE SNACK</b>	Daily Selection	Daily Selection	Daily Selection	Daily Selection	Daily Selection