



June / July 2016

Family newsletter

Welcome to Winter!!

Bbrrrrrr....don't forget to pack warm jumpers and beanies...!!

A big friendly hello to all our new families, I trust your transition to Mitchell Street has been smooth.

Wow, the year is certainly flying by, I can't believe it's almost July!

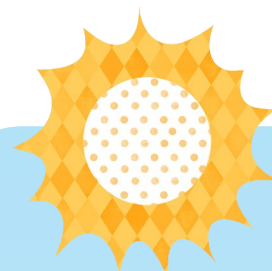
Reminders

- We please ask, that your child brings only comfort items and leaves toys at home. We are finding that the extra toys are causing arguments within the centre. Please see the rooms if your child has a particular interest and we will try to accommodate it. Thank you for your cooperation on this matter.
- Labelling your child's belongings
- With Winter upon us, it brings a lot of unwanted coughs and colds, please, if your child is sick, consider that they may need to stay at home.

I would like to take this opportunity to thank my amazing team and all the beautiful families for your kind words and offer of support last month my husband was in a horrible truck accident, <https://www.facebook.com/7NewsMelbourne/videos/10154232187209301/> resulting in some pretty serious injuries, he is beginning to make a slow recovery. I thank you all, it's times like these that bond us all closer together.

Kindest regards, The Lenoble Family

Kerry Lenoble— Centre manager



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Important Dates

• Red Nose Day—June 24th

Raising money for SIIDS Foundation—merchandise available at Reception to purchase.

• Naidoc Week July 3-10th

Room Activities will be happening in each play space

• Fairy Tale dress up -July 17th

Come as your favorite character

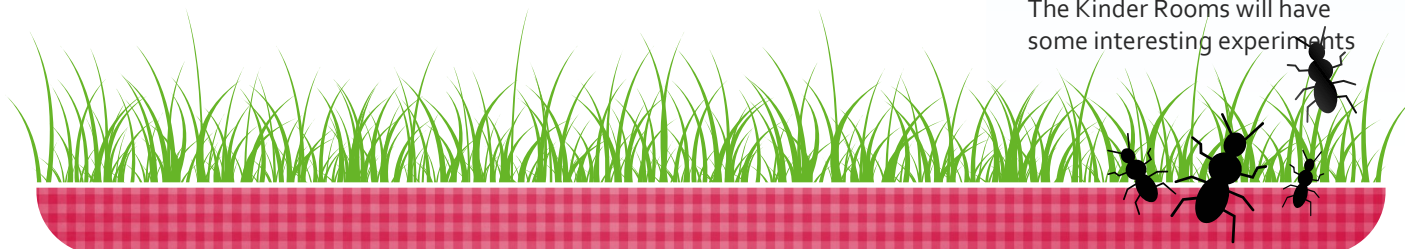
• Jeans for Genes Day- August 5th

Raising money to help fight childhood diseases.

Gold Coin donations and wear something Denim!

• Science Week August 13-21

The Kinder Rooms will have some interesting experiments



Playspace 1

Reminders

Holiday's

Please give at least 2 weeks notice of any holidays you would like to take, you have up to 4 weeks holiday per financial year, to take at a 50% discounted rate on your weekly fee. All holiday absences should be given in writing either by using the forms provided or email.

Birthday Cake

Forms are available from your child's room and at reception to order Birthday Cakes - 48 hours notice is required when ordering.

Additional days care

Please note if additional days are required for your child it is important that you communicate and check availability of this with Kerry, Cathie or Claire, note the educators in your room do not have up to date information re- availability.

Team: Moni, Payal, Susan and Sonya

Welcome to another newsletter and welcome our new families that have joined us in the last two months. We would also like to welcome Sonya into the room as our fourth educator.

Well winter has really come with a blast of cold air and keeping warm is a priority! Coughs and colds have really been felt and the runny nose weather is well and truly started. We do try to keep all infection at a minimum by sterilizing all toys and wiping down handles, cots and chairs but as you all know it's a losing battle especially with children but please feel reassured that we do try our best. Here is a little insert from Dr Evelyn Lewin just so you know it's all a very common thing:



Coughs and Runny Noses are so common in children and are usually caused by respiratory tract infections (such as a cold). If your Child is in Childcare you are no doubt experiencing these ailments on an ongoing basis which is completely normal. Their little immune systems are building an armoury of antibodies to combat infections in future years. According to the Royal Children's Hospital in Melbourne, children have an average of 6-12 respiratory infections a year. Coughing can continue for up to 6 weeks after a viral illness has ended (post-viral cough). If your child has a temperature or you are at all concerned that your child needs professional medical advice please see your local Doctor.

The children new and old are settling into the routine of the room really well and besides the gloomy days ahead inside the room is filled with children's happy noises which makes our job very pleasant. The friendships that are starting are lovely to see and the children are playing and socializing amongst themselves so much more.

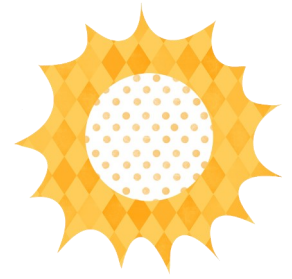


Please feel free to come to us with any concerns or questions you may have as we are very happy to help.

Until our next newsletter, take care.



Playspace 2



Team: Beth, Cerah, Sarah, Codie and Emma

Play space 2 have had some changes over the last few months, we would like to give Codie and Emma a warm welcome as new permanent educators in play space 2. Both ladies are very enthusiastic in playing a vital role in your child's development.



This month we have been lucky and purchased a train table, educators have observed how much the play space 2 children enjoy playing with the cars and trains in play space 3 and decided to bring the interest into the room. It has been wonderful seeing children take turns and use their sharing skills. Well done play space 2.

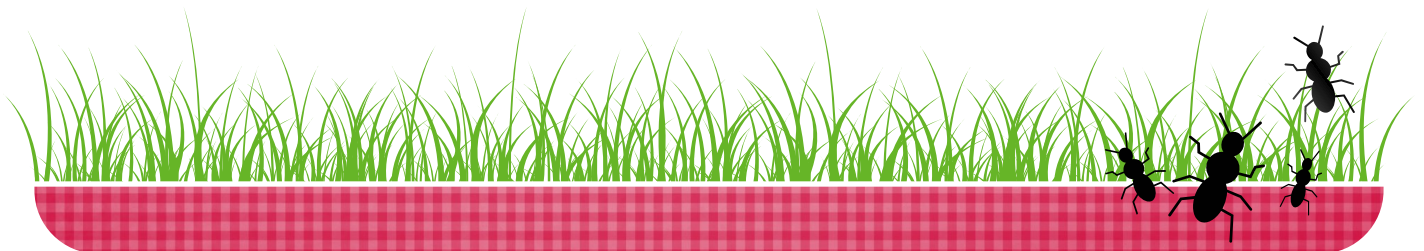
With winter settling in the children have been doing more activities inside art being our favorite. This month the children have enjoyed getting creative with their finger prints to create a rain cloud.

To extend on this the children and educators sang songs and talked about appropriate cold weather attire.



On this topic it has been very pleasing regarding the amount of children arriving with warm jackets and beanies. Please ensure all clothing being worn to Mitchell Street is clearly labeled with your child's name.

Until next time thanks.



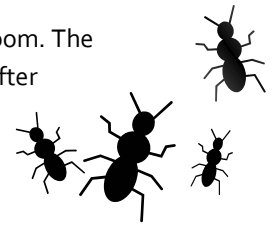
Playspace 3

Team: Mel, Olivia, Sam, Catherine, Bec and Julie

'Today you are you that is truer than true. There is no one alive, who is youer than you!' – Dr Seuss

We are so very proud of our Play Space 3 toddlers! They continue to grow into the most unique, loving and most talented individuals. We educators in Play Space 3 consider ourselves very lucky to be able to enjoy each day with such special little humans.

Our children continue to impress with their self-help skills and the care they now take in the room. The children help themselves to water, usually serve their own food, always clean themselves up after lunch, and prepare themselves for bed. We now play a 'clean up' song and as soon as the children hear this song, they recognise that it is time to pack their toys away.



Each child in Play Space 3 is an artist, and we strive to let the creativity flow each and every day. We have been using lots of different art materials, such as painting mitts, glitter, ribbon, and sequins to name a few. The children amaze us with their artwork creations, and we proudly put them on display in both our room and hallways.

Our toddlers also enjoy cooking! We have previously had a couple of cooking experiences this year al-

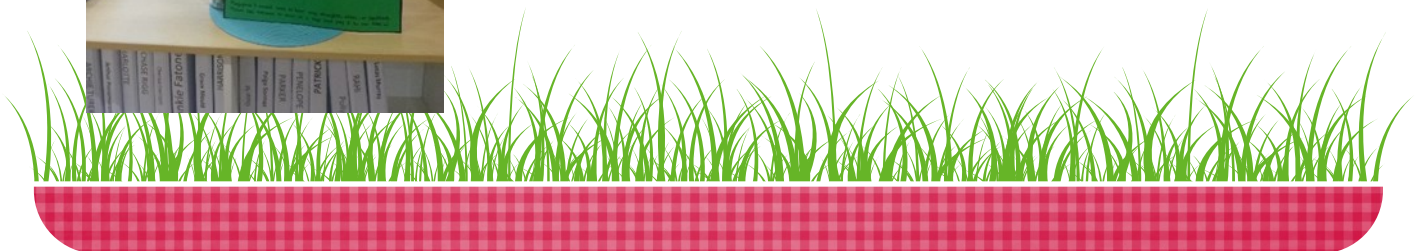
ready, such as making ANZAC Day Biscuits and shortly after, healthy pizzas for lunch. Our next cooking activity will be making Red Nose Day cookies later this month, to support such a precious cause.



Play Space 3 will continue to work on building friendships, self-help skills and we will continue to encourage their inner Picassos to shine. We also plan to incorporate a "dance/fitness" time into our daily routine. This will be a set time where we dance, sing, and learn together, influences by the children's favorite program, Happy Feet! We look forward to seeing how this works for the children.



Finally, we have introduced a Parent Input Tree in our room, which can be found on the shelf above your children's learning portfolios. We would love to hear from **YOU!** We encourage parents to take a paper leaf, and leave us a message- any thoughts, feedback, ideas etc would be greatly appreciated! Then simply peg your leaf to the tree. Your voice is extremely important and it would be our pleasure to involve your ideas into our program.



Playspace 5

Team: Brooke, Krystle, Karren and Shinae

We have welcomed many new families and also quite a few children have moved up from Playspace 3. It has been wonderful getting to know individual children and their families. In addition, we have also celebrated many children's birthdays. This is a time when children get to come together for afternoon tea and share their special occasion.



Throughout the room we have set up a camping experience for the children, which they seem to thoroughly enjoy. It has been wonderful to see how well the children are playing and sharing together. Our art activities have engaged the children, and the art easel, which we got



not long ago have proven to be most popular. We have come to realise the many little Picassos we have throughout Playspace 5. In other news, we were also lucky enough to have Roaming Reptiles come and visit us last month which was a great morning. The children were so enthusiastic about this and it was wonderful to see so many

reptiles such as lizards, turtles, snakes and an alligator.

The past couple of months we have been teaching the children different songs and rhymes by using the laptop. In addition, sign language has also been looked at and it has been wonderful to observe the children being able to say 'thank you' in this language.

Our group times this month have involved a couple of science experiments involving floating &



sinking and mixing different liquids together. It has proved highly engaging for the children and we aim to do many more experiments in the months ahead.

And finally, it is with great pleasure that Shinae has permanently joined Playspace 5. Shinae has come from Playspace 2 and she is doing a wonder-

ful job of getting to know the routine and each child. We look forward to the next couple of fun filled months ahead.

Medicare and dental information

This website has some helpful information outlining the CDBS with Medicare for any parents that were not aware or would like some information

http://www.kidspot.com.au/health/family-health/real-life/i-will-have-no-choice-but-to-neglect-my-kids-teeth?utm_source=facebook&utm_medium=post&utm_campaign=editorial



Playspace 4

Team: Tiff, Brooke and Beck

What Playspace 4 has been up to?

It has been a busy few months in play space 4. We have changed our room around again to add a new home corner and to keep the other areas fun and engaging.

We had a wonderful visit from roaming reptiles which the children loved. We have welcomed new children from play space 5 who have all fitted in really well.

The addition of the younger children has changed the structure of our kinder program as we now split the children into two groups for some parts of the kinder program, the children call it Big Kinder and Little Kinder.

We have covered many topics ranging from letter, numbers, shapes, colours, human body and safety at the beach in our homes and in our room plus many more topics.



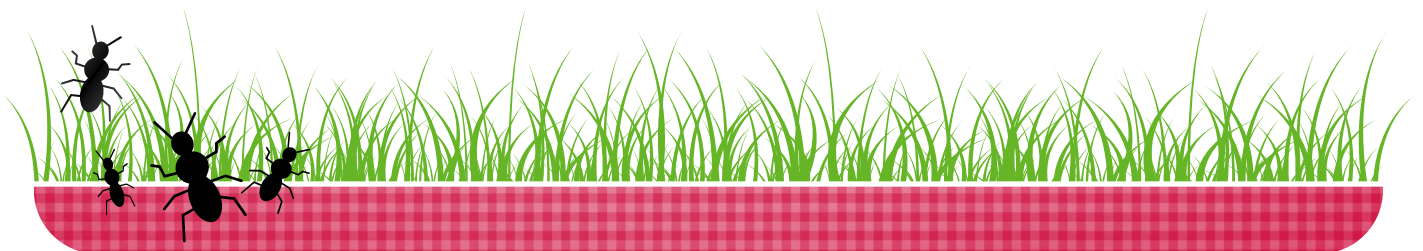
What is coming up in play space 4?

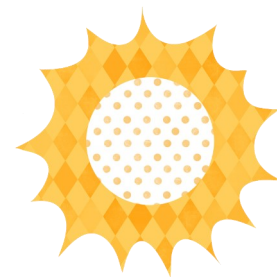
We have lots of exciting and engaging experience coming up for term 3 in Playspace 4. Next month the kinder children are going on an excursion to the new Geelong Library to further their love of books. We also have "what is in your garden" an insect and bug program coming in to talk and show the children about what's in there garden. We are also looking forward to furthering our letter and number recognition skills as well as working towards our individual goals.



Key focus for play space 4.

Some of the main focuses we have been working on in play space 4 have been our letters, numbers and writing our names. We have a different focus number, letter, shape and colour every month as well as changing our days, date and weather. We are working on our group times rules like sitting on our bottoms, putting our hands up to speak and listening to our friends as well as our safety guidelines for our room.





A word from our chef....Adam Peterson

Winter is here which means it's time for warm, hearty and heathy soups. The Children have enjoyed our Pumpkin and Red Lentil Soup loaded with Veggies along with a classic Chicken Noodle all served with Wholemeal Bread. Some new additions to our menu of late have been Hand Crumbed and Oven Baked Chicken Schnitzels and a Roast Beef served with mashed Potatoes and steamed Veggies. Both have proved to be crowd favourites! We will also be serving some old favourites like the Chili Con Carne with Beef, Bean and Vegetables as well as a Sheppard's Pie.

June/ July	27th MONDAY	28th TUESDAY	29th WEDNESDAY	30th THURSDAY	1st FRIDAY
BREAKFAST	Weetbix & Toast	Weetbix & Toast	Weetbix & Toast	Weetbix & Toast	Weetbix & Toast
MORNING TEA	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Blueberry Scones	Seasonal Fresh Fruit	Seasonal Fresh Fruit
INGREDIENTS			Blueberries, Flour, Milk, Nuttalex, Sugar, Margarine		
LUNCH	Chicken Mushroom Risotto	Tuna Pasta Bake	Lamb Couscous	Vegetable and Lentil Soup	Chili Con Carne with Rice
INGREDIENTS	Chicken, Vegetables, Arborio Rice, Parmesan Cream Sauce,	Tuna, Vegetables, Pasta, Cream Sauce Cheese	Lamb, Vegetables, Couscous, Stock, Spices	Vegetables, Lentils, Stock, Wholemeal Bread, Margarine	Beef, Vegetables, Kidney Beans, Rice
AFTER LUNCH	Cut Apples to clean teeth	Cut Apples to clean teeth	Cut Apples to clean teeth	Cut Apples to clean teeth	Cut Apples to clean teeth
AFTERNOON TEA	Hummingbird Cake	Cheese and Crackers	Seasonal Fresh Fruit	Raisin Bread	Jelly Cups
INGREDIENTS	Flour, Pineapple, Coconut, Banana, Nuttalex, Egg, Milk, Sugar	With Dip and Dried Fruits		With Margarine	Light Jelly, Fruit Salad
LATE SNACK	Daily Selection	Daily Selection	Daily Selection	Daily Selection	Daily Selection

Menu's

All menus are available on our website
www.mitchellstreetelc.com.au

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